

# BREAST CANCER AWARENESS WEEKLY INFORMATION & NEWS

by *The Passionately Pink Party Team (PPPT)*

~Monday, November 9, 2009~

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*"Women who survive breast cancer often have to adapt their lives to cope with 'chemo brain' -- symptoms such as memory loss, loss of concentration or other cognitive changes -- after their treatment..."*

<http://www.wsmv.com/breast-cancer-awareness/20983589/detail.html>

## FACTS

- **POORER COUNTRIES ARE EXPERIENCING HIGHER NUMBERS OF BREAST CANCER.**
  - "Today in most developing countries you see a huge bulge of young, premenopausal women with breast cancer," says Knaul, who heads Harvard's Global Equity Initiative and was herself diagnosed at age 41 while living in Mexico..."  
[http://www.palmbeachpost.com/health/content/shared-gen/ap/Health\\_Medical/US\\_MED\\_HealthBeat\\_Breast\\_Cancer.html](http://www.palmbeachpost.com/health/content/shared-gen/ap/Health_Medical/US_MED_HealthBeat_Breast_Cancer.html)
  
- **BREAST CANCER IN MEN**
  - "Often, men have a more advanced stage of cancer, because they wait until longer to get a lump checked out," Moy says, adding that men should look out for a lump, any distortion in the nipple or any nipple discharge... Male breast cancer tends to affect African-American men more often than white men, though the reasons for this are not entirely known."  
<http://abcnews.go.com/Health/OnCallPlus/Story?id=3743070&page=2>

## IN THE NEWS

- Students from **Pleasant View Visual and Performing Arts Magnet School** in Lansing recently raised \$1,600 to fight breast cancer.
  - The school hosted a spaghetti dinner, middle-school dance performance and concert called, "**Dance for a Cure,**" officials said.  
<http://www.lansingstatejournal.com/article/20091109/NEWS05/311090013/1002/NEWS01>

## COME ON, ADULTS! CAN WE TEAM TOGETHER LIKE OUR BABIES DO?

**To make a donation, please visit:**

[http://www.info-komen.org/site/TR/PassionatelyPink/PassionatelyPink?team\\_id=123263&pg=team&fr\\_id=1130&et=AFsEuuiSxVTYUv9foiy5nQ..&s\\_tafId=18650](http://www.info-komen.org/site/TR/PassionatelyPink/PassionatelyPink?team_id=123263&pg=team&fr_id=1130&et=AFsEuuiSxVTYUv9foiy5nQ..&s_tafId=18650)

**INCLUDE TEAM CODE: 6256867 on registration form in any available space**

### ***INFORMATION***

- “A woman's breast is made up of glands that make breast milk (*called lobules*), ducts (small tubes that carry milk from the lobules to the nipple), fatty and connective tissue, blood vessels, and lymph (pronounced ‘*limf*’) vessels. Most breast cancers begin in the cells that line the ducts (*ductal cancer*); some begin in the lobules (*lobular cancer*), and a small number start in other tissues.”

[http://www.cancer.org/docroot/CRI/content/CRI\\_2\\_2\\_1X\\_What\\_is\\_breast\\_cancer\\_5.asp?sitearea=](http://www.cancer.org/docroot/CRI/content/CRI_2_2_1X_What_is_breast_cancer_5.asp?sitearea=)

- “When making decisions about treatment for your breast cancer, you and your doctor will consider:
  1. The size and location of your breast cancer (stage).
  2. How aggressive the breast cancer is.
  3. Whether your breast cancer has receptors to the hormones estrogen and progesterone, called estrogen receptor/progesterone receptor (ER/PR) status.
  4. Whether your breast cancer cells contain human epidermal growth factor (HER-2/neu).
  5. Whether your breast cancer has spread to the lymph nodes in your underarm area (axilla)”

<http://health.yahoo.com/breastcancer-treatment/breast-cancer-treatment-overview/healthwise--tv3644.html>

## ***Did You Know...?***

- Actress and author **Suzanne Somers** (a Libra) was the source of much controversy when she decided to forgo standard treatment and opted alternative therapy and holistic medicine instead.

[http://cancer.about.com/gi/o.htm?zi=1/XJ&zTi=1&sdn=cancer&cdn=health&tm=247&gps=99\\_641\\_1419\\_569&f=00&su=p284.9.336.ip\\_p736.8.336.ip\\_&tt=2&bt=0&bts=0&zu=http%3A//www.imdb.com/name/nm0001755/](http://cancer.about.com/gi/o.htm?zi=1/XJ&zTi=1&sdn=cancer&cdn=health&tm=247&gps=99_641_1419_569&f=00&su=p284.9.336.ip_p736.8.336.ip_&tt=2&bt=0&bts=0&zu=http%3A//www.imdb.com/name/nm0001755/)

- **Sibley Memorial Hospital** reportedly has an excellent **Comprehensive Cancer Care Unit!**
  - "Our physicians have trained or practiced at some of the leading cancer centers in the nation, including John Hopkins, Harvard and Sloan-Kettering. Yet they choose to practice at Sibley because our cancer program allows them to provide the kind of personalized care that they would desire for their own loved ones."
    - Sibley Memorial-Contact (202) 537-4545 (Option 5, then 1 to make an appointment or for general information).